

BANANA PUDDING

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Banana Pudding - Bourbon Pecan Praline	283.50g	590	35	26	0	15	78	3	78	4	290	100	10	1
Banana Pudding - Butterfinger	283.50g	410	12	6	0	0	72	1	45	4	290	105	51	1
Banana Pudding - Cherry Swirl	283.50g	310	7	4	0	0	60	0	39	1	250	40	23	1
Banana Pudding - Chocolate Chocolate Chip	283.50g	280	14	8	0	0	72	2	33	3	230	105	23	2
Banana Pudding - Coconut Cream Pie	283.50g	780	34	24	0	0	112	5	71	3	530	180	53	2
Banana Pudding - New York Cheesecake	283.50g	470	18	10	0	35	71	0	44	4	400	80	50	1
Banana Pudding - Nutella	283.50g	890	40	16	0	0	120	3	97	7	270	540	137	4
Banana Pudding - OG Banana Pudding	283.50g	530	13	7	0	0	101	0	64	3	420	40	31	2
Banana Pudding - Oreo	283.50g	430	13	5	0	0	74	0	45	3	330	80	25	2
Banana Pudding - Peanut Butter & Jelly	283.50g	1130	63	16	0	0	115	7	78	30	600	690	51	3
Banana Pudding - Red Velvet	283.50g	370	11	5	0	10	66	0	42	2	330	45	28	1
Banana Pudding - Strawberry	283.50g	400	7	4	0	0	64	2	60	1	220	160	31	1

BELGIAN WAFFLES

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Belgian Waffles - Plain	260.1t	650	36	26	0	30	51	2	38	5	360	100	10	1
Belgian Waffle - Cherry	260.1t	650	36	26	0	30	75	2	50	5	410	140	25	1
Belgian Waffle - Chocolate Chip	260.1t	720	51	36	0	30	135	6	68	9	370	360	31	6
Belgian Waffle - Peanut Butter Praline	260.1t	1270	89	38	0	45	99	8	67	22	640	550	48	3
Belgian Waffle - Peanut Butter & Jelly	260.1t	1080	65	32	0	30	110	6	78	19	660	440	28	2
Belgian Waffle - Strawberry	260.1t	650	36	26	0	30	72	3	52	5	350	170	18	1

BIGGER & BETTER BROWNIES

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Bigger & Better Brownie Plain	396.89g	1180	70	36	0	180	141	6	109	10	360	0	38	3
Bigger & Better Brownie - Cherry Cordial	396.89g	1380	70	36	0	180	190	6	150	10	430	130	59	11
Bigger & Better Brownie - Chocolate Chocolate Chip	396.89g	1310	85	46	0	180	214	10	138	14	380	260	59	13
Bigger & Better Brownie - OG Banana Pudding	396.89g	1310	73	38	0	180	165	6	124	11	460	10	46	8
Bigger & Better Brownie - Peanut Butter Praline	396.89g	1860	123	48	0	195	178	12	138	27	640	450	76	10
Bigger & Better Brownie - Peanut Butter & Jelly	396.89g	1680	99	42	0	180	190	10	148	24	660	340	56	9
Bigger & Better Brownie - Salted Caramel	396.89g	1370	71	36	0	180	189	6	139	10	3250	30	57	8

BIGGER & BETTER COOKIES

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Bigger & Better Cookie - Carnival Cookie	141.75g	720	40	16	0	89	0	62	3	3	560	55	13	3
Bigger & Better Cookie - Chocolate Cherry Cordial	141.75g	620	30	14	0	15	87	0	62	3	280	150	34	3
Bigger & Better Cookie - Chocolate Chip Featuring Hershey's	141.75g	680	36	17	0	15	93	0	64	4	310	160	34	3
Bigger & Better Cookie - Coconut Choco-Swirl	141.75g	1190	59	28	0	25	161	0	114	5	520	290	56	5
Bigger & Better Cookie - Nutty Nutella	141.75g	720	38	17	0	15	89	2	65	4	320	115	47	3
Bigger & Better Cookie - Oatmeal Raisin	141.75g	640	27	11	0	5	95	3	67	4	370	270	44	3
Bigger & Better Cookie - Orange Chocolate Chunk	141.75g	680	34	15	0	15	93	0	64	4	310	160	34	3
Bigger & Better Cookie - Oreo Crunch	141.75g	730	40	16	0	0	89	0	61	3	570	65	16	3
Bigger & Better Cookie - Peanut Butter & Jelly	141.75g	720	40	16	0	20	90	2	62	8	350	190	27	2
Bigger & Better Cookie - Peanut Butter Praline	141.75g	750	44	17	0	20	78	2	78	7	330	190	32	2
Bigger & Better Cookie - Red Velvet Sugar	141.75g	720	40	16	0	5	87	0	60	3	580	60	16	3
Bigger & Better Cookie - Salted Caramel	141.75g	710	38	16	0	0	86	0	65	3	2150	65	14	2
Bigger & Better Cookie - Snickerdoodle	141.75g	720	38	16	0	0	91	0	65	3	540	55	18	2
Bigger & Better Cookie - Vanilla Butter Finger	141.75g	730	40	17	0	20	83	2	63	7	350	180	36	2

BIG COBBLER COOKIES

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
BIG Cobbler Cookies - Apple Walnut Raisin Cobbler	255.15t	1030	51	21	0	5	138	2	99	5	630	210	29	2
BIG Cobbler Cookies - Blackberry Cobbler	255.15t	970	44	19	0	0	135	2	97	3	530	70	20	2
BIG Cobbler Cookies - Blackberry Peach Cobbler	255.15t	950	44	20	0	0	132	1	98	3	600	100	19	2
BIG Cobbler Cookies - Caramel Apple Cobbler	255.15t	830	33	14	0	0	131	0	87	3	540	100	27	1
BIG Cobbler Cookies - Cherry Cobbler	255.15t	950	45	20	0	0	132	0	99	4	590	110	20	2
BIG Cobbler Cookies - Cinnamon Praline Peach Cobbler	255.15t	910	44	17	0	10	126	2	97	5	460	180	35	1
BIG Cobbler Cookies - Honey Apple Cobbler	255.15t	950	45	20	0	0	131	0	95	4	590	95	18	2
BIG Cobbler Cookies - Mango Peach Cobbler	255.15t	940	44	20	0	5	131	0	102	3	550	140	18	2
BIG Cobbler Cookies - Peach Cobbler	255.15t	940	44	20	0	0	130	0	98	4	590	130	18	2
BIG Cobbler Cookies - Stawberry Cobbler	255.15t	940	44	20	0	0	132	1	94	0	610	120	20	2
BIG Cobbler Cookies - Strawberry Peach Cobbler	255.15t	940	44	20	0	0	131	0	96	3	610	125	19	2
BIG Cobbler Cookies - Sweet Potato Pecan Cobbler	255.15t	800	36	16	0	0	116	3	92	2	380	310	22	2

CINNAMON ROLLS

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Cinnamon Rolls - Maple Syrup	226.80g	710	13	3.5	0	0	138	2	58	11	830	95	23	4
Cinnamon Rolls - Apple Butter	226.80g	650	13	3.5	0	0	125	2	57	11	690	160	30	4
Cinnamon Rolls - Peanut Butter Praline	226.80g	1410	70	17	0	15	168	9	79	32	1200	570	68	7
Cinnamon Rolls - Nutella	226.80g	860	30	10	0	0	132	4	69	14	710	360	84	6
Cinnamon Rolls - Vanilla	226.80g	550	13	3.5	0	0	98	2	37	11	690	95	23	4

CHURRO STIX

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Churro Stix - Plain	378.45g	1160	44	23	0	0	191	3	127	12	510	75	91	4
Churro Stix - Cherry	378.45g	1220	44	23	0	0	205	3	138	12	560	65	106	4
Churro Stix - Dulce De Leche	378.45g	1340	47	25	0	5	231	3	151	14	620	25	91	4
Churro Stix - Nutella	378.45g	1460	61	29	0	0	225	4	159	15	530	290	152	5
Churro Stix - Oreo	378.45g	1430	55	26	0	0	233	3	150	14	700	110	112	6
Churro Stix - Peanut Butter & Jelly	378.45g	1650	73	29	0	0	240	6	166	26	810	360	109	5
Churro Stix - Strawberry	378.45g	1220	41	22	0	0	206	4	140	13	610	95	99	4

COBBLERS

Recipe Name	Serving Size	Calories	Fat (g)	Saturated (g)	Trans (g)	Cholesterol (mg)	Carbs (g)	Fibre (g)	Sugars (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)
Apple Walnut Raisin Cobbler	226.80g	820	41	13	0	15	4	127	4	5	430	440	49	2
Blackberry Cobbler	226.80g	510	16	6	0	0	86	4	42	4	460	45	18	2
Blackberry Peach Cobbler	226.80g	490	16	7	0	0	81	2	43	4	440	105	16	1
Caramel Apple Cobbler	226.80g	680	19	8	0	0	127	0	69	4	530	115	33	0
Cherry Cobbler	226.80g	480	18	8	0	0	80	0	46	4	420	120	18	0
Cinnamon Praline Peach Cobbler	226.80g	810	37	12	0	15	117	3	65	15	380	260	48	1
Honey Apple Cobbler	226.80g	460	18	0	0	0	76	0	38	4	420	90	14	0
Mango Peach Cobbler	226.80g	570	19	10	0	10	97	0	64	4	420	230	18	0
Peach Cobbler	226.80g	460	16	8	0	0	76	0	44	4	420	160	14	0
Stawberry Cobbler	226.80g	470	16	6	0	0	79	2	36	4	470	140	18	2
Strawberry Peach Cobbler	226.80g	460	16	7	0	0	78	0	40	4	440	150	16	1
Sweet Potato Pecan Cobbler	226.80g	800	51	18	0	30	80	5	44	7	410	380	72	3

COBBLER STUFFED CINNAMON ROLLS